

# Overcoming Worry

## Don't Worry, Trust God | Text: Luke 12:21-32 (NLT)

**Luke 12:21-32 (NLT)** "Yes, a person is a fool to store up earthly wealth but not have a rich relationship with God." (22) Then, turning to his disciples, Jesus said, "That is why I tell you not to worry about everyday life—whether you have enough food to eat or enough clothes to wear. (23) For life is more than food, and your body more than clothing. (24) Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! (25) Can all your worries add a single moment to your life? (26) And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things? (27) Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. (28) And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? (29) And don't be concerned about what to eat and what to drink. Don't worry about such things. (30) These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. (31) Seek the Kingdom of God above all else, and he will give you everything you need. (32) So don't be afraid, little flock. For it gives your Father great happiness to give you the Kingdom."

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### 7 Reasons to Trust God and Stop Worrying in Every Situation

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#### Worry -

1. To strangle or choke
2. To feel annoyed, uneasy, troubled, bothered, to be anxious
3. To harass or treat roughly with or as with continual biting or tearing with teeth

#### Trust -

1. A firm belief or confidence in the honesty, integrity, reliability, justice, etc., of another person
2. Confident expectation, anticipation or hope
3. To allow someone to do something without fear of the outcome

#### 1. God is \_\_\_\_\_ you.

Isaiah 41:10 So do not fear, for I am with you...

#### 2. God did not create me to worry, but to \_\_\_\_\_ Him.

Proverbs 3:5 Trust in the Lord with all your heart and lean not on your own understanding.

#### 3. God is \_\_\_\_\_ than possessions and simple survival.

Ephesians 3:20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.

#### 4. God gives us a greater \_\_\_\_\_ on our value to Him.

1 Peter 2:9 (MSG) But you are the ones chosen by God, chosen for the high calling of priestly work, chosen to be a holy people, God's instruments to do his work and speak out for him, to tell others of the night-and-day difference he made for you—from nothing to something, from rejected to accepted.

#### 5. God knows some things "just take \_\_\_\_\_."

Galatians 6:9 (NLT) So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.

#### 6. God knows your \_\_\_\_\_, He wrote the Book.

Romans 8:28 (NKJV) And we know that all things work together for good to those who love God, to those who are called according to His purpose.

#### 7. God gets great \_\_\_\_\_ out of giving you His kingdom, and He loves the way you laugh.

Isaiah 55:2 (NLT) You will live in joy and peace. The mountains and hills will burst into song, and the trees of the field will clap their hands!